

Established by Late Shri Rasikbhai G. Shah & Managed by Ahmedabad Kelavani Trust



# Ahmedabad Arts & Commerce College

(Accredited by NAAC : C Grade)

Near Telephone Exchange, Vasna, Ahmedabad – 380 007.

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Uni. Code No. 065

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## Activity Report

**Name of the Activity:** Yoga Day

**Date:** 21/6/2022

**Day:** Tuesday

**Time:** 8:30 am to 9:30 am

**Venue:** College Open Terrace

**Coordinators:** Prof. Yogesh Patel, Dr. Mahesh Chawla, Dr. Heena Vaidya, Dr. Deepika Panchal

**Committee:** Sports Committee

**Students Participation:** 40+

International Yoga Day was celebrated with vigor and enthusiasm by the Professors and Second & Third year students of the College in the campus itself under the guidance of Dr. P.V. Sisodiya [Dept of Physical Education] from G. B. Shah Commerce College, Ahmedabad.

Students actively performed various yogasanas and even engaged in a pranayama session.

## Photo Gallery Yoga Day

